

### Patient Information: Urology Referral Guide

# Possible Kidney Cancer

You have been referred to the Urology team at Barts Health because your doctor has carried out a scan or examination, and has suggested further checks to find out if you have kidney cancer. This guide explains what happens now that you have been referred.

We understand that this may be a worrying time for you, and we aim to support you throughout the process. Additional support is available from Macmillan Cancer Support at macmillan.org.uk, or by calling Macmillan Cancer Support on 0808 808 00 00.

## Step 1 We will usually arrange a telephone clinic appointment for you at first, at which we will talk about your symptoms and your general health

We will often recommend further tests, which may include blood or urine tests. At this stage we will also usually recommend a CT scan of the kidneys to check whether there are any areas suspicious for cancer

# Step 2 Your results, including the CT scan will be reviewed by a team of clinicians, which may include urologists and radiologists, to decide whether kidney cancer is likely or unlikely to be present

If kidney cancer is unlikely, we will inform you and your GP to explain that the scan was all clear and that we do not recommend any further tests at that time

If monitoring scans are recommended in future we will give a plan for this in your letter, as well as any symptoms or findings which should lead to you being referred back to us again

If there are any suspicious areas on the CT scan, then options for management might include monitoring, biopsy or surgery. We will discuss these with you in your follow-up consultation which may be by telephone or face-to-face





#### More information and support

Further information and support is available from Macmillan Cancer Support at macmillan.org.uk, or by calling Macmillan Cancer Support on 0808 808 00 00.

#### Large print and other languages

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. For more information, speak to your clinical team.

এই তথ্যগুলো সহজে পড়া যায় অথবা বৃহৎ প্রিন্টের মত বিকল্প ফরম্যাটে পাওয়া যাবে, এবং অনুরোধে অন্য ভাষায়ও পাওয়া যেতে পারে। আরো তথ্যের জন্য আপনার ক্লিনিক্যাল টিমের সাথে কথা বলুন।

Na żądanie te informacje mogą zostać udostępnione w innych formatach, takich jak zapis większą czcionką lub łatwą do czytania, a także w innych językach. Aby uzyskać więcej informacji, porozmawiaj ze swoim zespołem specjalistów.

Macluumaadkaan waxaa loo heli karaa qaab kale, sida ugu akhrinta ugu fudud, ama far waa weyn, waxana laga yabaa in lagu heli luuqaado Kale, haddii la codsado. Wixii macluumaad dheeraad ah, kala hadal kooxda xarunta caafimaadka.

Bu bilgi, kolay okunurluk veya büyük baskılar gibi alternatif biçimlerde sunulabilir, ve talep üzerine Alternatif Dillerde sunulabilir. Daha fazla bilgi için klinik ekibinizle irtibata geçin.

یہ معلومات متبادل فارمیٹس میں دستیاب کی جا سکتی ہیں، جیسا کہ پڑھنے میں آسان یا بڑا پرنٹ اور درخواست پر متبادل زبانوں میں بھی دستیاب ہو سکتی ہیں۔ مزید معلومات کے لیے، اپنی کلینکل ٹیم سے بات کریں!۔

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Tweet us @NHSBartsHealth
Talk to us via facebook.com/bartshealth
Leave feedback on NHS Choices www.nhs.uk

#### Patient Advice and Liaison Service (PALS)

Please contact us if you need general information or advice about Trust services: <a href="https://www.bartshealth.nhs.uk/pals">www.bartshealth.nhs.uk/pals</a>

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All our patient information leaflets are reviewed every three years