

## Patient Information: Urology Referral Guide

# Possible Testicular Cancer

You have been referred to the Urology team at Barts Health because your doctor has carried out an examination or scan and has suggested further checks to find out if you have testicular cancer. This guide explains what happens now that you have been referred.

We understand that this may be a worrying time for you, and we aim to support you throughout the process. Additional support is available from Macmillan Cancer Support at [macmillan.org.uk](http://macmillan.org.uk), or by calling Macmillan Cancer Support on 0808 808 00 00.

### Step 1

We will usually arrange an initial clinic appointment for you to talk about your symptoms and your general health. This can be either a telephone or in-person appointment, depending on the tests that have already been done

We will sometimes recommend further tests, which may include blood or urine tests. At this stage we will usually arrange an ultrasound scan of the scrotum if not already done

### Step 2

Your results, including the ultrasound and any blood tests will be reviewed to determine whether testicular cancer is likely

If testicular cancer is unlikely, we may simply write to you and your GP to explain that the scan was all clear and that we do not recommend any further treatment. Sometimes a non-cancerous abnormality such as a cyst is identified. These often do not need treatment unless they are causing you significant bother

If there is a high probability of testicular cancer, then we will discuss treatment options at your follow-up appointment, which often include surgery. You may be offered additional scans including a CT scan.



## More information and support



You can get more information about testicular lumps from the [British Association of Urological Surgeons' website](#) (also available by scanning this QR code)

Further information and support is available from Macmillan Cancer Support at [macmillan.org.uk](http://macmillan.org.uk), or by calling Macmillan Cancer Support on 0808 808 00 00.

## Large print and other languages

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. For more information, speak to your clinical team.

এই তথ্যগুলো সহজে পড়া যায় অথবা বৃহৎ প্রিন্টের মত বিকল্প ফরম্যাটে পাওয়া যাবে, এবং অনুরোধে অন্য ভাষায়ও পাওয়া যেতে পারে। আরো তথ্যের জন্য আপনার ক্লিনিক্যাল টিমের সাথে কথা বলুন।

Na żądanie te informacje mogą zostać udostępnione w innych formatach, takich jak zapis większą czcionką lub łatwą do czytania, a także w innych językach. Aby uzyskać więcej informacji, porozmawiaj ze swoim zespołem specjalistów.

Macluumaadkaan waxaa loo heli karaa qaab kale, sida ugu akhrinta ugu fudud, ama far waa weyn, waxana laga yabaa in lagu heli luuqaado Kale, haddii la codsado. Wixii macluumaad dheeraad ah, kala hadal kooxda xarunta caafimaadka.

Bu bilgi, kolay okunurluk veya büyük baskılar gibi alternatif biçimlerde sunulabilir, ve talep üzerine Alternatif Dillerde sunulabilir. Daha fazla bilgi için klinik ekibinizle irtibata geçin.

یہ معلومات متبادل فارمیٹس میں دستیاب کی جا سکتی ہیں، جیسا کہ پڑھنے میں آسان یا بڑا پرنٹ اور درخواست پر متبادل زبانوں میں بھی دستیاب ہو سکتی ہیں۔ مزید معلومات کے لیے، اپنی کلینکل ٹیم سے بات کریں۔!

## Tell us what you think

Tweet us [@NHSBartsHealth](https://twitter.com/NHSBartsHealth)

Talk to us via [facebook.com/bartshealth](https://facebook.com/bartshealth)

Leave feedback on NHS Choices [www.nhs.uk](http://www.nhs.uk)

## Patient Advice and Liaison Service (PALS)

Please contact us if you need general information or advice about Trust services:

[www.bartshealth.nhs.uk/pals](http://www.bartshealth.nhs.uk/pals)

**Reference:** BH/PIN/1116

Publication date: February 2023

All our patient information leaflets are reviewed every three years.