

## Patient Information: Urology Referral Guide

# General Guide to Referrals

You have been referred to the Urology team at Barts Health because you are suspected to have a Urological problem.

This guide explains what happens next:

### Step 1

Your referral will be reviewed by a Urologist. They will either give advice to your GP about further treatment and tests or offer you a specialist appointment at the hospital.

At this first virtual review:

- We do not usually phone patients
- We will check any blood tests and scan results so far
- If your case is suitable for a different specialist pathway we may write to your doctor to ask them to make that referral

We may also arrange further tests for you at this stage such as blood tests and scans.

We may contact you by text message during this process, and you may be contacted with a date for investigations that we have arranged.

We will arrange a first clinic appointment with us, which is usually a telephone appointment unless a further test is necessary that requires you to attend.



## Step 2

At this first appointment:

- We will review your symptoms and ask general questions about your health
- Your results will be reviewed by our specialist team which includes Urology specialist nurses and doctors
- We may arrange further tests if these are necessary

We often make recommendations for you and your GP which may include:

- Changes to the food you eat, lifestyle advice, specialist exercises
- Changes to your tablets or medicines
- Getting advice from other teams
- A possible operation

You may not need any further appointments after the first one and if this is the case, we will provide a step-by-step plan for you and your GP.

If surgical treatment is needed, we will discuss the options with you.

Please always feel free to ask questions at any point, and you can always change your mind before any treatment.

## More information



For more information, you can visit the [British Association of Urological Surgeons' website](#) (also available by scanning this QR code)

## Large print and other languages

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. For more information, speak to your clinical team.

এই তথ্যগুলো সহজে পড়া যায় অথবা বৃহৎ প্রিন্টের মত বিকল্প ফরম্যাটে পাওয়া যাবে, এবং অনুরোধে অন্য ভাষায়ও পাওয়া যেতে পারে। আরো তথ্যের জন্য আপনার ক্লিনিক্যাল টিমের সাথে কথা বলুন।

Na żądanie te informacje mogą zostać udostępnione w innych formatach, takich jak zapis większą czcionką lub łatwą do czytania, a także w innych językach. Aby uzyskać więcej informacji, porozmawiaj ze swoim zespołem specjalistów.

Macluumaadkaan waxaa loo heli karaa qaab kale, sida ugu akhrinta ugu fudud, ama far waa weyn, waxana laga yabaa in lagu heli luuqaado Kale, haddii la codsado. Wixii macluumaad dheeraad ah, kala hadal kooxda xarunta caafimaadka.

Bu bilgi, kolay okunurluk veya büyük baskılar gibi alternatif biçimlerde sunulabilir, ve talep üzerine Alternatif Dillerde sunulabilir. Daha fazla bilgi için klinik ekibinizle irtibata geçin.

یہ معلومات متبادل فارمیٹس میں دستیاب کی جا سکتی ہیں، جیسا کہ پڑھنے میں آسان یا بڑا پرنٹ اور درخواست پر متبادل زبانوں میں بھی دستیاب ہو سکتی ہیں۔ مزید معلومات کے لیے، اپنی کلینکل ٹیم سے بات کریں۔!

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Leave feedback on NHS Choices [www.nhs.uk](https://www.nhs.uk)

## Patient Advice and Liaison Service (PALS)

Please contact us if you need general information or advice about Trust services:

[www.bartshealth.nhs.uk/pals](https://www.bartshealth.nhs.uk/pals)

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All our patient information leaflets are reviewed every three years.