

## Patient Information: Urology Referral Guide

# Possible Prostate Cancer

You have been referred to the Urology team at Barts Health because your doctor has carried out an examination or blood test and has suggested further checks to find out if you have prostate cancer. This guide explains what happens now that you have been referred.

We understand that this may be a worrying time for you, and we aim to support you throughout the process. Additional support is available from Macmillan Cancer Support at [macmillan.org.uk](http://macmillan.org.uk), or by calling Macmillan Cancer Support on 0808 808 00 00.

### Step 1

We will usually arrange a telephone clinic appointment for you at first, at which we will talk about your symptoms and your general health

We will often recommend further tests, which may include blood or urine tests

At this stage we will often recommend an MRI scan of the prostate to check whether there are any areas suspicious for cancer

We will ask about any urinary symptoms (problems with passing urine), and we may ask if you would like further treatment or investigation of urinary symptoms to be arranged later on, even if we rule out prostate cancer on the scan

We will also talk to you about the possibility of undergoing a prostate biopsy if there are any suspicious or unclear areas on the MRI scan



**Step 2** Your results, including the MRI scan, will be reviewed by a team of specialists including prostate cancer surgeons and radiologists (scan specialists) to decide whether prostate cancer is likely to be present or not

If prostate cancer is unlikely, we let you and your GP know that the scan was all clear and that we do not recommend a biopsy. We will usually give a plan for whether any further blood tests are recommended and the circumstances in which you might be referred back to us

Some patients with urinary symptoms but no cancer may be booked for further assessment and treatment of their symptoms

If there are any suspicious or unclear areas on the MRI scan, then a biopsy will be booked for you if you have indicated at the first appointment that you are happy for us to do so

**Step 3** If a biopsy has been recommended, then you will be invited to attend for prostate biopsy

A link to a leaflet regarding the prostate biopsy procedure is included at the end of this guide

**Step 4** The results of the biopsy will be reviewed at our multidisciplinary team (MDT) meeting and a recommendation made for the next steps in your management

**Step 5** You will be offered a clinic appointment to discuss the results of your biopsy and the next steps in your management

## More information and support



For more information, you can download a leaflet about prostate biopsies from the [British Association of Urological Surgeons' website](#) (also available by scanning this QR code)

Further information and support is available from Macmillan Cancer Support at [macmillan.org.uk](http://macmillan.org.uk), or by calling Macmillan Cancer Support on 0808 808 00 00.

## Large print and other languages

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. For more information, speak to your clinical team.

এই তথ্যগুলো সহজে পড়া যায় অথবা বৃহৎ প্রিন্টের মত বিকল্প ফরম্যাটে পাওয়া যাবে, এবং অনুরোধে অন্য ভাষায়ও পাওয়া যেতে পারে। আরো তথ্যের জন্য আপনার ক্লিনিক্যাল টিমের সাথে কথা বলুন।

Na żądanie te informacje mogą zostać udostępnione w innych formatach, takich jak zapis większą czcionką lub łatwą do czytania, a także w innych językach. Aby uzyskać więcej informacji, porozmawiaj ze swoim zespołem specjalistów.

Macluumaadkaan waxaa loo heli karaa qaab kale, sida ugu akhrinta ugu fudud, ama far waa weyn, waxana laga yabaa in lagu heli luuqaado Kale, haddii la codsado. Wixii macluumaad dheeraad ah, kala hadal kooxda xarunta caafimaadka.

Bu bilgi, kolay okunurluk veya büyük baskılar gibi alternatif biçimlerde sunulabilir, ve talep üzerine Alternatif Dillerde sunulabilir. Daha fazla bilgi için klinik ekibinizle irtibata geçin.

یہ معلومات متبادل فارمیٹس میں دستیاب کی جا سکتی ہیں، جیسا کہ پڑھنے میں آسان یا بڑا پرنٹ اور درخواست پر متبادل زبانوں میں بھی دستیاب ہو سکتی ہیں۔ مزید معلومات کے لیے، اپنی کلینکل ٹیم سے بات کریں۔!

## Tell us what you think

Tweet us [@NHSBartsHealth](https://twitter.com/NHSBartsHealth)

Talk to us via [facebook.com/bartshealth](https://facebook.com/bartshealth)

Leave feedback on NHS Choices [www.nhs.uk](http://www.nhs.uk)

## Patient Advice and Liaison Service (PALS)

Please contact us if you need general information or advice about Trust services:

[www.bartshealth.nhs.uk/pals](http://www.bartshealth.nhs.uk/pals)

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All our patient information leaflets are reviewed every three years.