







## Worried about cancer coming back or spreading?

Join Cancer Psychological Services for a <u>free workshop</u> to understand more about <u>fears of cancer recurring or</u> <u>spreading</u>, practice helpful strategies & connect with other people

Open to All: patients, relatives, friends, professionals

Tues 27<sup>th</sup> Feb 2024
Vicarage Lane Health
Centre
5.00pm-7.00pm

10 Vicarage Lane, Stratford, E15 4ES

<u>Click here to book onto the Newham</u>

<u>Workshop</u>



Tues 16<sup>th</sup> April 2024
Whipps Cross Hospital
10.00am-12.00pm

Margaret Centre Training Centre, Whipps Cross Hospital, E11 1NR Click here to book onto the Whipps Cross workshop



For further information call/text 0778 380 5759

Or email cancerpsychologicals.bartshealth@nhs.net







