**How to make your nomination count**

To give your nominee the best chance of winning an award, follow these simple steps. Remember, there is no right or wrong way to write a nomination, but you must tell the story of what your candidate has done.

**DO:**

* Provide evidence of what the individual or team has done
* Explain how they’ve made things better for others
* Think about the lasting impact on family, friends, colleagues or patients

**DON’T**

* Say they ‘went above and beyond’ without giving evidence
* Worry about filling 150 words – sometimes less is more
* Include personal information that you’d rather to keep private

**Examples of good nominations**

1. “This doctor saved my life. I was under their care having a heart attack when I went into full cardiac arrest. I am told the doctor immediately started CPR which ultimately kept me alive. They arranged for an ambulance to take me to St Bartholomew’s Hospital for emergency surgery and I am alive now because of his quick thinking and actions” (61 words)
2. “Every day come rain shine or strikes, Sharron is here in the clinic with a smile and a nice word or three. Nothing is too much trouble and it is nice to know that you will be greeted with a smile and that the clinic will be squeaky clean and ready for another day of battle.”  (56 words)

**Examples of poor nominations**

1. “Their dedication to their patients is incredible.”
2. “They are very knowledgeable and kind and go over and above what is needed for their role.”

**Still unsure?**

Get in touch for more support: heroes.bartshealth@nhs.net