

Patient Advice and Liaison Service (PALS)

Please contact us if you need general information or advice about Trust services: www.bartshealth.nhs.uk/pals

Large print and other languages

This information can be made available in alternative formats, such as easy read or large print, and may be available in alternative languages, upon request. For more information, speak to your clinical team.

এই তথ্যগুলো সহজে পড়া যায় অথবা বৃহৎ প্রিন্টের মত বিকল্প ফরম্যাটে পাওয়া যাবে, এবং অনুরোধে অন্য ভাষায়ও পাওয়া যেতে পারে। আরো তথ্যের জন্য আপনার ক্লিনিক্যাল টিমের সাথে কথা বলুন।

Na żądanie te informacje mogą zostać udostępnione w innych formatach, takich jak zapis większą czcionką lub łatwą do czytania, a także w innych językach. Aby uzyskać więcej informacji, porozmawiaj ze swoim zespołem specjalistów.

Macluumaadkaan waxaa loo heli karaa qaab kale, sida ugu akhrinta ugu fudud, ama far waa weyn, waxana laga yabaa in lagu heli luuqaado Kale, haddii la codsado. Wixii macluumaad dheeraad ah, kala hadal kooxda xarunta caafimaadka.

Bu bilgi, kolay okunurluk veya büyük baskılar gibi alternatif biçimlerde sunulabilir, ve talep üzerine Alternatif Dillerde sunulabilir. Daha fazla bilgi için klinik ekibinizle irtibata geçin.

ایں بل آری مین ہڈپ ک بلری ج، ری۔ یتکس اج ٹکب لیتس دی ہڈپش مر فل د لبت مت امول عم جی ٹنرپ اڑب اور درخواست پر متبادل زبانوں میں بھی دستیاب ہو سکتی ہیں۔ مزید معلومات کے لیے، اپنی کلینکل ٹیم سے بات کریں!

Tell us what you think

Tweet us [@NHSBartsHealth](https://twitter.com/NHSBartsHealth)

Talk to us via facebook.com/bartshealth

Leave feedback on NHS Choices www.nhs.uk

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NHS

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Going to the hospital

Tell us about you, and find out a little bit about being in hospital.

Write down notes, feelings and questions that Play Specialists, parents and nurses can help you with.

Have some fun, design and draw!



Me and my family

We would love to know a little bit about you and your family.

My name is:

I am years old

My favourite toy is:

My favourite colour is:

When I grow up I would like to:

Draw a picture of you and your family here



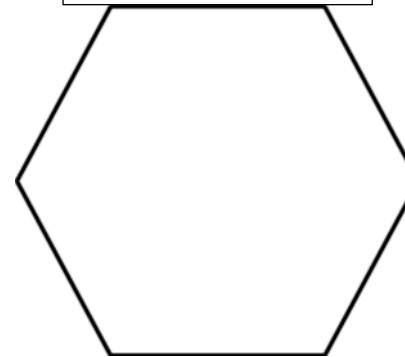
My feelings

Here you have the chance to write or draw about how you are feeling. This means we can help

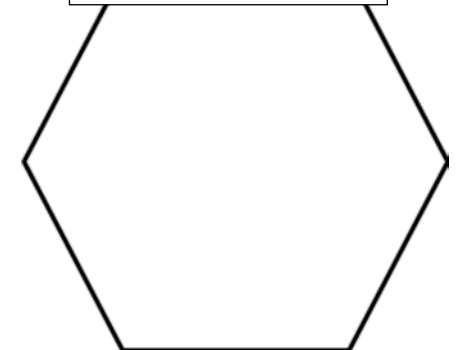
Here are some feelings faces. How do you feel?



I feel happy when:



I feel sad when:



The hospital family

There are lots of people in the hospital to help look after us when we are feeling unwell. These are some of the people you may meet



Doctors - they help you to feel better while you are in the hospital. They will come round every day to visit them and talk to them and your parents about making them feel better.

Nurses - nurses are on the ward and it is also their job to look after the children to make them better.

Play Workers - find lots of fun things for the children to do, organise activities and play games with the children.

Play Specialists - as well as lots of play, play specialists talk and play with children, their brothers or sisters, and mums and dads, to help them understand about being in hospital and what the doctors and nurses need to do to make them feel better.

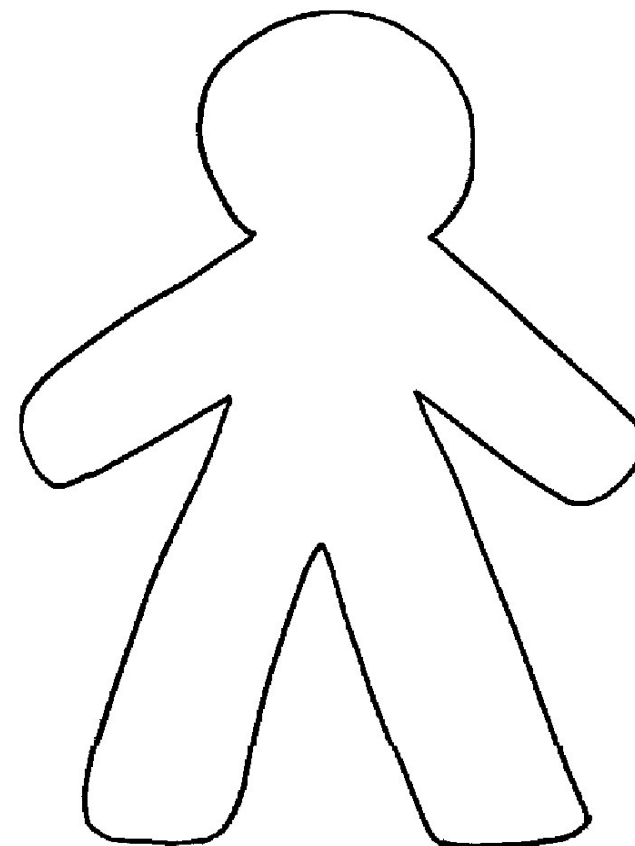
Teachers - yes, there is a school in the hospital! If you are in the hospital for a few days you get a visit from the teacher, and maybe go to school!

Why am I in hospital?

Do you know why you are in the hospital?

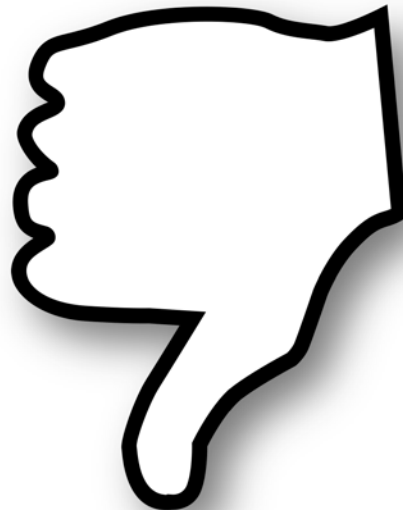
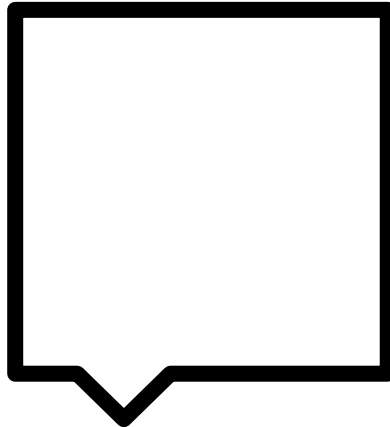
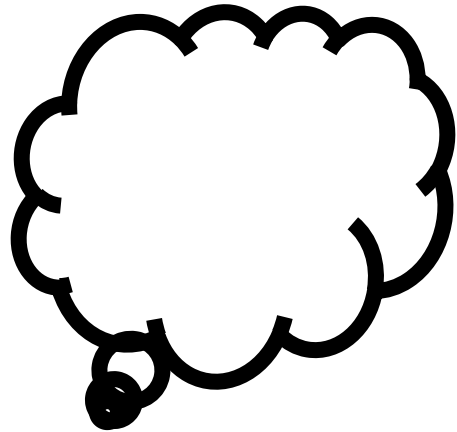
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Here is a picture of a body, you can decorate it to look like whoever is staying in the hospital and even mark where they are hurting



Notes and questions

Here is a page for making notes and questions about staying in the hospital. You can also tell us good and bad things about hospital



A bed.. with wheels!

You may get a special hospital bed if you need to stay overnight. It has buttons to move up and down and it wheels to move. There is another bed next to it where a parent or carer can sleep.

Imagine you had your own bed with wheels...what would it look like?

Where would you go?