

OUT OF HOURS MENU

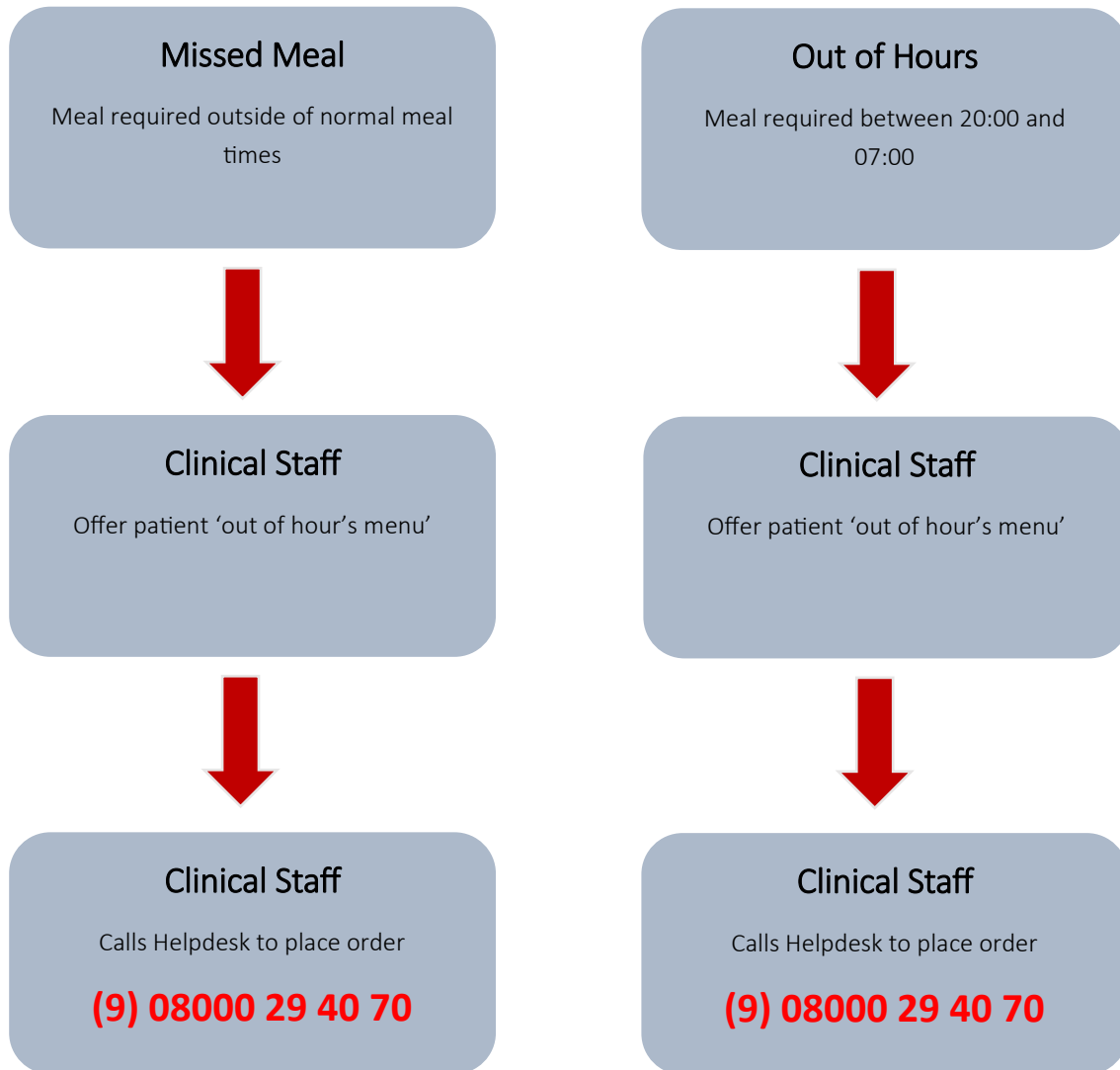
Please offer this menu to a patient that may have missed out on having their lunch or supper order being taken. This may be because they:

- are a new admission
- have transferred from another ward
- were NBM but can now eat and drink
- are post-surgery
- were not at their bedside/on ward during food orders (due to visit or medical procedure)
- have been upgraded to a new texture modified diet following a swallow assessment

ITEM NAME [DIET CODE]	SUITABLE FOR
HOT MEALS - THE BELOW DISHES ARE FOR PATIENS WHO ARE ON A NORMAL DIET	
Roast Chicken Breast with stuffing, roast potatoes, green beans, carrot & gravy	Normal
Shepherd's Pie with carrots and peas [S, GF]	Normal & Renal
Sausage & Mash with peas	Normal
Spaghetti Bolognese [H, S]	Normal & Renal
Battered Fish with potatoes and mushy peas [H]	Normal
Cheese & Tomato Omelette with parsley potatoes and mixed vegetables [ED, V]	Normal
Macaroni Cheese served with a mix of broccoli, peas, carrots & sweetcorn [ED, V]	Normal & Renal
SNACK BOX – PLEASE SELECT A SNACK BOX THAT IS BEST SUITED TO YOUR DIET	
Snack Box 1 (NORMAL) Sandwich - Tuna Mayonnaise [S] Juice - Orange OR Apple Juice [V] Fresh Fruit - Orange [V] OR Apple [V] OR Banana [V, S] Snack – Crisps [V] OR Yoghurt [V, S]	Snack Box 2 (VEGETARIAN) Sandwich - Egg Mayonnaise [V] OR Cheese [V] Juice - Orange OR Apple Juice [V] Fresh Fruit - Orange [V] OR Apple [V] OR Banana [V, S] Snack – Crisps [V] OR Yoghurt [V, S]
Snack Box 3 (RENAL) Sandwich - Tuna Mayonnaise [S] OR Egg Mayonnaise [S, V] OR Cheese [V] Fresh Fruit - Orange OR Apple [V] Snack – Yoghurt [S]	Snack Box 4 (SOFT) Sandwich - Tuna Mayonnaise [S] OR Egg Mayonnaise [S, V] Juice - Orange OR Apple Juice [V] Fresh Fruit – Banana [S, V] Snack –Yoghurt [S, V]
SPECIAL / CULTURAL DIET HOT MEALS – PLEASE SELECT A DISH THAT IS BEST SUITED TO YOUR DIET	
Kosher Chicken Schnitzel with sauté potatoes and sauerkraut [ED]	Kosher
Kosher Vegetarian Lasagne with spinach, carrots and peas [V]	Kosher
Halal Minced Lamb and Peas with Vegetable Masala and Rice [GF]	Halal & Renal
Halal Chilli Con Carne with Rice [GF]	Halal & Renal
Vegetable Bake with mixed vegetables [GF, H, V] **ALLERGEN FREE**	Vegan
TEXTURE MEALS – FOR PATIENTS WHO NEED PUREE, PRE-MASHED & FORK MASHED DIETS	
Texture C Puree - Beef and Gravy [GF, ED]	Texture C
Texture C Puree - Vegetable Curry [V]	Texture C
Texture D Pre Mashed - Cottage Pie [GF]	Texture D
Texture D Pre Mashed - Macaroni Cheese [V]	Texture D
Texture E Fork Mashable – Salmon Supreme [GF]	Texture E
If a patient requires a vegetarian Texture E dish, please offer the Texture D Macaroni Cheese dish.	
This is version 4 (April 2018)	

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Please follow the below procedure carefully to ensure your patient receives the correct



Clinical staff name and staff badge number to be given to Helpdesk when ordering